

*I Mina' Trentai Dos Na Liheslaturan Guåhan*  
**Resolutions Log Sheet**

<b>Resolution No.</b>	<b>Sponsor</b>	<b>Title</b>	<b>Date Intro</b>	<b>Date of Presentation</b>	<b>Date Referred</b>	<b>Committee / Ofc Referred</b>	<b>Date Adopted</b>
<b>278-32 (LS)</b>	T.R. Muña Barnes	Relative to commending and congratulating Alexander Xavier Gaces Allen for his athletic achievements, and on garnering a Silver Medal in Taekwondo, in the 68-74 kilogram class, while representing Guam at the 2013 6th East Asian Games, held in Tianjin, China.	11/26/13 3:10 p.m.	12/06/13 10:30 a.m.			<b>11/26/13</b>

***I MINA'TRENTAI DOS NA LIHESLATURAN GUÅHAN***  
**2013 (FIRST) Regular Session**

**Resolution No. 278-32 (LS)**

Introduced by:

T. R. Muña Barnes  
T. C. Ada  
V. Anthony Ada  
FRANK B. AGUON, JR.  
B. J.F. Cruz  
Chris M. Dueñas  
Michael T. Limtiaco  
Brant T. McCreadie  
Tommy Morrison  
Vicente (ben) C. Pangelinan  
R. J. Respicio  
Dennis G. Rodriguez, Jr.  
Michael F. Q. San Nicolas  
Aline A. Yamashita, Ph.D.  
Judith T. Won Pat, Ed.D.

**Relative to commending and congratulating Alexander Xavier Gaces Allen for his athletic achievements, and on winning a Silver Medal in Taekwondo, in the 68-74 kilogram weight class, while representing Guam at the 2013 Sixth East Asian Games in Tianjin, China.**

1        ***BE IT RESOLVED BY I MINA'TRENTAI DOS NA LIHESLATURAN***  
2 ***GUÅHAN:***

3        **WHEREAS**, in October 2013, Alexander Allen was awarded the Silver Medal  
4 in Taekwondo in the 68-74 kilogram weight class, being the only person on “Team  
5 Guam” to earn a medal at the 2013 “6<sup>th</sup> East Asian Games”, held in Tianjin, China;  
6 and he is the first person from Guam to earn a Silver Medal in the East Asian Games;  
7 and

1           **WHEREAS**, Alexander Allen, from the village of *Barrigada*, was born in  
2 Quezon City, Philippines; and he is the son of Guam residents, Esther Gaces Allen  
3 and Christopher Allen. He is a freshman at the University of Guam, majoring in  
4 criminal justice. After graduation, Alexander plans to get involved in the field of law  
5 enforcement as a career; and

6           **WHEREAS**, Alexander Allen first took interest in the martial arts at the age of  
7 5 years old for the sole purpose of learning self-defense and the art of its science. As a  
8 child, Alexander's father taught him the basics of Jeet Kune Do and Taekwondo. At  
9 this young age, he began his studies in martial arts philosophy and etiquette through  
10 the teachings of Bruce Lee's "Tao of Jeet Kune Do" and "The Art of War" by Sun  
11 Tzu, as well as many other books by other martial arts philosophers. Martial arts is his  
12 passion, and he does not consider himself as a fighter, but rather as an artist; and

13           **WHEREAS**, through the help of his studies, and his teacher, Mike Ho,  
14 Alexander learned how a martial artist should think, feel, react, and behave as a proper  
15 "black belt", and at the same time be "expressively you." Freedom, adaptability,  
16 individuality, simplicity, directness, and efficiency is his way of combat, as well as his  
17 way of life; and

18           **WHEREAS**, while Taekwondo may be his main discipline, Alexander  
19 incorporates other martial arts in his practice, as well as in his way of practicing  
20 Taekwondo, while still abiding with competition rules, such as the footwork, body  
21 movement, and hand work of fencing and boxing, to include the directness of the  
22 Chinese martial art of Wing Chun; and

23           **WHEREAS**, Alexander expresses that combat is a game of chess. Not only  
24 must you be strong, but also crafty and smart. He learned that genuine skill comes not  
25 just from knowledge and practice, and also from discipline over one's body, mind, and  
26 spirit. "Discipline the mind, the body follows"; and

1           **WHEREAS**, by 2005, the lessons of his father ceased, and Alexander enrolled  
2 in Taekwondo classes under the “Minors Taekwondo” program at the *Barrigada*  
3 Community Center, where he excelled tremendously and fought and beat those far  
4 above his belt ranking; and

5           **WHEREAS**, in 2006, Alexander transferred to the “James Hi Taekwondo  
6 Academy” in *Maite*, where he came in as a green belt in this art. In that same year,  
7 Alexander fought someone with a Red Belt, who was two levels above him, at a  
8 martial arts tournament held at the Westin Hotel. He dominated the three rounds and  
9 was declared the victor; and

10          **WHEREAS**, in 2008, Alexander competed against the “Universal Taekwondo  
11 Studios”; however, due to a foot injury beforehand, he lost his match. Later in 2009,  
12 his school was visited by the “Ultimate Martial Arts” (UMA) for a friendly challenge,  
13 and his match ended within 16 seconds due to an injury his opponent sustained with a  
14 kick to the head; and

15          **WHEREAS**, in 2010, at the age of 16, Alexander earned his 1<sup>st</sup> degree black  
16 belt. Weeks later, his school was visited again by the “Ultimate Martial Arts”, where  
17 he won his match in one round due to the great gap in the score between himself and  
18 his opponent, and his domination over him. The UMA visited again in 2011, and  
19 Alexander, facing a tough opponent, won his match in three rounds; and

20          **WHEREAS**, in 2013, while still attending the “James Ji Taekwondo  
21 Academy,” Alexander also began cross training with the UMA in *Maite*, studying  
22 boxing, kickboxing, and the use of various weapons. In April, he travelled with the  
23 instructor, Henry Herr, to Saipan to compete in the “Rites of Passage 14” event, where  
24 Alexander signed up for kickboxing and won his match after the third round. Months  
25 later, he competed in kickboxing again at the “DLX” Boxing and Kickboxing  
26 competition held at the Micronesia Mall; and

1           **WHEREAS**, later in 2013, Alexander entered his first “International”  
2 Taekwondo tournament at the “Wallis and Futuna Pacific Mini Games”, held on  
3 Wallis Island, in French Polynesia. Although Alexander faced two opponents for both  
4 the Bronze and Silver Medal, he lost his match for the Silver, but won his first match  
5 against an opponent from the island of Vanuatu, thus bringing the Bronze Medal back  
6 home to Guam; and

7           **WHEREAS**, while Alexander realizes that he is young, and still learning, he  
8 now has his eyes set on bringing home a Gold Medal from the 2016 Olympic Games to  
9 be held in Brazil; now therefore, be it

10           **RESOLVED**, that *I Mina'Trentai Dos Na Liheslaturan Guåhan* does hereby,  
11 on behalf of the people of Guam, recognize and does commend Alexander Xavier  
12 Gaces Allen for his numerous athletic achievements, and congratulate him on winning  
13 a Silver Medal in Taekwondo, in the 68-74 kilogram weight class, while representing  
14 Guam at the 2013 Sixth East Asian Games in Tianjin, China; and be it further

15           **RESOLVED**, that the Speaker certify, and the Legislative Secretary attest to,  
16 the adoption hereof, and that copies of the same be thereafter transmitted to Alexander  
17 Xavier Gaces Allen; to his parents, Christopher and Ester Gaces Allen; to Mike Ho,  
18 trainer at the James Ji Taekwondo Academy; and to the Honorable Edward J.B. Calvo,  
19 *I Maga'lahaen Guåhan*.

**DULY AND REGULARLY ADOPTED BY THE I MINA'TRENTAI DOS NA LIHESLATURAN GUÅHAN ON THE 26<sup>TH</sup> DAY OF NOVEMBER 2013.**



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**JUDITH T. WON PAT, Ed.D.**  
Speaker



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**TINA ROSE MUÑA BARNES**  
Legislative Secretary